

# BENJAMIN PATRICK DEBELAK, D.O.

*Board Certified, Fellowship Trained, Orthopaedic Surgeon*

<https://tn.hughston.com/physicians/debelak/>

## EDUCATION

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Lake Erie College of Osteopathic Medicine  
*Doctor of Osteopathic Medicine* Erie, PA  
2005

Central Michigan University  
*Bachelor of Science, Major: Biology, Minor: Chemistry* Mt. Pleasant, MI  
1999

## ACADEMIC, ADMINISTRATIVE, and CLINICAL APPOINTMENTS

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The Hughston Clinic  
*Orthopaedic surgeon* Nashville, TN  
November 2019-present

Duke LifePoint  
*Orthopaedic surgeon* Clyde, NC  
April 2014-November 2019

McLaren Central Michigan  
*Orthopaedic surgeon* Mt. Pleasant, MI  
August 2011- January 2014

Central Michigan University  
*Division I: team surgeon* Mt. Pleasant, MI  
August 2011- January 2014

The Hughston Clinic  
*Orthopaedic Surgery Sports Medicine Fellow* Columbus, GA  
August 2010- July 2011

Michigan State University College of Osteopathic Medicine  
Department of Surgical Specialties  
*Associate Clinical Instructor* East Lansing, MI  
July 2005-June 2010

Michigan State University  
Ingham Regional Medical Center/Sparrow Health System  
*Orthopaedic Surgery Intern and Resident* Lansing, MI  
July 2005-June 2010

## MEDICAL LICENSURES

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TN: Osteopathic Medicine and Surgery, Physician License ACTIVE

NC: Osteopathic Medicine and Surgery, Physician License ACTIVE

## BOARD CERTIFICATION: American Osteopathic Board of Orthopaedic Surgery

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Part I: Written Examination PASSED

Part II: Oral Examination PASSED

Part III: Clinical Examination PASSED

## TEAM COVERAGE

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Central Michigan University (*Division 1 football, gymnastics, wrestling, soccer, track & field*)

Michigan State University (*football and basketball*)

Valdosta State University (*football*)

Columbus State University (*basketball*)

Columbus Cottonmouths (*professional hockey*)

Lansing, MI area high schools (*football*)

Columbus, GA area high schools (*football*)

Mt. Pleasant, MI area high schools (*football*)

Waynesville, NC (*Director of Sports Medicine for Haywood County Schools*)

## MEMBERSHIPS

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American Academy of Orthopaedic Surgeons

American Osteopathic Academy of Orthopedics

American Orthopaedic Society for Sports Medicine

Arthroscopic Association of North America

American Osteopathic Association

## RESEARCH

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*Deltoid Muscle Pressures during Arthroscopic Rotator Cuff Repair.*

D. McBrayer, B. Debelak, P. Fernicola, R. Tu, and C. Baker Jr.

Orthopedics. 2013 Jan 1;36(1):e33-7.

*Prevention of Anterior Knee Pain and Symptomatic Scarring after Anterior Cruciate Ligament Reconstruction using Bone-Patellar Tendon-Bone (BTB) Autograft.*

B. Debelak, K. Jacobson.

*Glenoid Microvascular Anatomy: An Anatomic Study.*

A. Demers, D.O., B. Debelak, D.O., D. Dietzel, D.O., S. Arnoczky, DVM.

*High Ankle Sprains: An NFL, Biomechanical Study.*

E. Meyer, M.S., B. Debelak, D.O., R. Haut, Ph.D., M. Shingles, D.O.

*Ulnar Superficialis Slip Resection for the Treatment of Complex Trigger Finger.*

B. Debelak, D.O., E. Hornbach, M.D.

*Isolated Avulsions of the Lesser Trochanter in Adolescents.*

B. Debelak, D.O., S. Parikh, M.D.